

## **What is Faith?**

### **Hebrews 11:1-6**

*1 Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see. 2 Through their faith, the people in days of old earned a good reputation.*

*3 By faith we understand that the entire universe was formed at God's command, that what we now see did not come from anything that can be seen.*

*4 It was by faith that Abel brought a more acceptable offering to God than Cain did. Abel's offering gave evidence that he was a righteous man, and God showed his approval of his gifts. Although Abel is long dead, he still speaks to us by his example of faith.*

*5 It was by faith that Enoch was taken up to heaven without dying—"he disappeared, because God took him." For before he was taken up, he was known as a person who pleased God. 6 And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.*

Today I'm not just going to tell you about faith, I'm going to let you practice it.

Faith is always accompanied by action and we are going to do 2 exercises and one real act of faith.

There are two important passages in Hebrews about Faith.

#### **Exercise #1 The Fall (Faith Fall)**

"Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see." (NLT)

You hope something will happen.  
You can't see it.

God promises to save you.  
Will he?

#### **Exercise #2 The Search (Blind Maze)**

"And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him." (NLT)

We like to think we know where we are going.  
There are many voices in our life, but can you identify the voice of one who cares about you?

Can you tell God's voice in your life?

#### **Acts of Faith**

What are some real acts of faith?

Prayer

Witnessing

An act of compassion

An act of vulnerability & trust

Tithing

Saying Hello

Offering to pray for someone

Doing something you feel prompted by the Holy Spirit to do that doesn't make sense right away

Singing out loud

praying in public

Reading the Bible

Living as a Believer

So today we are just going to pray, out loud, - we will testify.

"I will trust you."

or "I will trust you with/in..."